

October Hunter Moon Seasonal Guide

A simple one-page companion for peak autumn living

The October Hunter Moon arrives as autumn begins to deepen, bringing longer nights, fading gardens and a darker beauty to the season. The landscape is growing quieter, the days are growing shorter and the natural world is turning toward winter. This guide is a simple way to spend a little time with that transition. Notice what is changing, gather what is still being offered and make space for the slower, quieter rhythm that lies ahead.

Garden

- Plant garlic and spring-flowering bulbs
- Protect tender plants and bring in anything that cannot handle colder temperatures
- Add compost and mulch to beds
- Plant cool-season crops where your climate allows
- Dig, divide or store tender bulbs and perennials as needed

Cottage

- Swap in warmer throws and quilts
- Bring softer lighting, candles and lanterns into your evening routine
- Create a cozy spot for reading, crafts or quiet evenings at home
- Give yourself permission to slow down and enjoy a quieter pace before the holiday season begins

Kitchen

- Gather late-season apples, pears, squash, root vegetables and hardy greens
- Check pantry and freezer stores and make a note of what needs replenishing
- Turn late harvests into soups, stews, roasted vegetables and other warming meals
- Put together a few easy meals for colder evenings ahead

Apothecary

- Check dried herbs for moisture, fading or signs of deterioration
- Use older herbs and preparations before making or buying more
- Make any simple herbal preparations you know you'll actually use through winter
- Check infused honeys, vinegars, oxymels and other pantry-based preparations



Seasonal Practices

Notice October settling in around you: fallen leaves, bare branches, cooler nights and the world growing darker earlier. Step outside after dark and look for the Hunter Moon over rooftops, notice golden windows glowing against the night or listen to the sounds of your neighborhood settling down. If you're somewhere quieter, watch the moon over the trees and listen for the sounds of autumn around you.

Reflect on: What am I gathering? What am I ready to release? What warmth do I want to carry into winter?

A Note on the Season

The October Hunter Moon reminds us that the darker half of the year has its own beauty and purpose. Let this guide be a small invitation to slow down, notice the changing world around you and find a little warmth in the dark.